

VERNON YACHT CLUB
2023 WOMEN'S RACING SERIES
NOTICE OF RACE & SAILING INSTRUCTIONS

1.0 RULES:

1.1 The 2023 Women's races will be governed by the Racing Rules of Sailing (RRS) - (2021 – 2024), the prescriptions of Sail Canada, the Notice of Race (NOR) and Sailing Instructions (SIs) for these series, and any changes posted on the VYC Official notice board (see 1.3 below).

1.2 Registration is mandatory for all skippers, crew and volunteers prior to participating in the Tuesday Night Women series. Registration and payment of fees will be accepted up to and including May 1st. Fees are \$60 per person excluding mentors, coaches or volunteers.

1.3 The Official notice board will be located on the gate to the docks. Updates to the NOR and SIs will be posted to the webpage at www.Vernonyachtclub.com.

2.0 RACE SCHEDULE:

2.1 See SI Addendum A for Schedule Table. The schedule will also be posted on the VYC web site by May 1, 2023. Races will be divided into two series – May 9 to June 6 and June 13 to July 11. A practice night will be held May 2.

2.3 Races will be held on Tuesday nights starting May 9, 2023 through to July 11, 2023. The first warning signal will commence no earlier than 6:30pm (1830 hrs) and will be held in the bay in front of the Vernon Yacht Club, or as posted on the Official Notice Board prior to the race(s).

3.0 ELIGIBILITY, ENTRY AND CLASSIFICATION

3.1 Sailboats participating in the Tuesday Night Women Sailing shall be owned by members of Vernon Yacht Club (VYC). Sailboats shall carry appropriate insurance (valid 3rd party liability insurance) with a minimum \$2,000,000 liability of which proof shall be on file at VYC. Boats shall have correct, consistent, legible sail numbers on the main sail. Boats without current PHRF certificates will be assigned a handicap.

3.2 Boats can/will be divided into two fleets depending on the roles performed of those on board. Boats that sail with no coach and with only women on board are in a non coached fleet. Boats which have a coach on board are in a coached fleet.

4.0 ORDER OF CLASS STARTS:

4.1 If there are two fleets, both Fleets will start at the same time. Fleet flag shall be a red flag. Number of races each night will be at the discretion of the Committee Boat.

5.0 COURSES AND MARKS: (see SI Addendum 2)

S = the start line (between the orange flag on the committee boat and north yellow tower)

F = the finish line (between the Blue flag on the committee boat and south yellow tower)

Mark 'A' is a yellow tower-shaped buoy. It is the most westerly placed buoy.

Mark 'B' is a yellow tower-shaped racing buoy. It is the first buoy to the west of the start line.

Mark 'C' is a yellow tower-shaped racing buoy. It is the first buoy to the east of the

start line.

Mark 'D' is a yellow tower shaped buoy. It is the most easterly place buoy.

Mark 'E' is a yellow tower racing buoy. It is between A and B and to the south.

Courses 1 to 6

Marks are to be left to PORT

Course 1	SBFCF	1.49 NM
Course 2	SAFCF	2.40 NM
Course 3	SCFBF	1.49 NM
Course 4	SDFBF	1.98 NM
Course 5	SBEFCF	1.80 NM
Course 6	SCFBEF	1.80 NM

6.0 STARTING SYSTEM: The starting sequence will be as follows:

6.1 Approximately 60 seconds before the first starting sequence, there will be 5 short blasts on the horn to advise the fleets that the starting sequence will begin shortly. This is only necessary for the first race. As per RRS rule 26, races shall be started by using the following signals:

Warning Signal	Fleet flag (Red) up	1 horn	5 minutes to start
Prep Signal	Prep Flag up	1 horn	4 minutes to start
One minute Signal	Prep Flag down	1 horn	1 minute to start
Start Signal	Fleet Flag down	1 horn	Start

7.0 TIME LIMIT:

7.1 For Tuesday races the maximum time for the first yacht in each fleet to finish shall be 90 minutes. All other yachts in that fleet must finish within 30 minutes after the first yacht in that fleet to avoid being scored DNF. Should no boat reach the first mark within 30 minutes of the starting signal, the race will be abandoned. When a race or boat(s) exceeds the maximum time the committee boat will indicate by 2 LONG SIGNALS.

8.0 SCORING:

8.1 Shall be by the low point system as per appendix A of the RRS.

8.2 Races will be scored using PHRF Time on Distance

8.3 Penalty scores shall be assessed based upon the number of boats racing in that particular race, as follows:

DNS Number yachts registered in that fleet for racing plus 0

DSQ Number yachts started in that fleet plus 2

DNF Number yachts started in that fleet plus 0

NSC Same as DNS

8.4 Coached fleet and non coached fleet will be scored separately.

9.0 HANDICAPPING:

9.1 All boats without a valid BC Sailing PHRF certificate dated after April 2021 and

dated within 5 years of registering to race will have a PHRF assigned by the fleet chair and fleet handicapper.

9.2 The race chair and/or club handicapper also reserve the right to request yachts and sails are measured. Skippers may be required to pay extra funds in order to obtain a current PHRF certificate from BC Sailing.

9.3 Yachts sailing without a spinnaker will be assigned a handicap as if they were sailing with a spinnaker

10.0 PROTESTS:

10.1 Yachts protesting must immediately display a red flag and hail the yacht being protested. Protests must be written on a Sail Canada protest form (available from Committee boat) and presented to the Race Committee (Committee boat crew on duty that evening) within 30 minutes of the completion of the last race of the day. Decisions of the Race Committee shall be final.

10.2 In lieu of a DNF score and in order to start another race or to get off the water due to weather or darkness the last place yacht still racing may accept a last place finish in their fleet and motor to the finish line provided the rest of their fleet have completed the race within the allotted time frame.

11.0 AWARDS

11.1 Awards will be presented at the windup party to be held after completion of the racing series. Date to be announced at a later date.

12.0 PENALTIES

12.1 Penalty for right of way infraction or causing a collision shall be 2 turns, each turn including one tack and one gybe in the same direction at the first safe opportunity.

13.0 ALTERNATIVE PENALTIES

13.1 Penalty for hitting a rounding mark or a start mark shall be a turn including one tack and one gybe in the same direction at the first safe opportunity.

14.0 THROW – OUTS:

14.1 For each of the Series there will be one throw out for every 4 races completed. At end of the racing season the series will be merged and rescored to calculate the overall finishes. This will require the throw outs to be restructured so that there are a total number of throw outs to equal one in every four races completed.

15.0 SAIL NUMBERS:

15.1 Yachts shall display their official sail number on both sides of their mainsail.

16.0 FINISHING CONSIDERATION:

Please stay well clear of the finish line while other fleets are finishing. You may be protested by another yacht if you do not comply.

17.0 COMMUNICATION

While racing, except in an emergency, a boat shall not make voice or data

transmissions and shall not receive voice or data communication that is not available to all boats.

18.0 RISK STATEMENT

18.1 RRS 3 states: “The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.” By participating in this event, each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough, seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in an increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

18.2 The organizing authority, management, Board of Directors, and volunteers will not accept any liability for material damage, or personal injury, or death sustained in conjunction with, or prior to, during or after this race series.

SI Addendum 1

Date		Start	Event	Time Limit
April 11, 2023	Rules Night	1800		
May 2, 2023		1830	Practice 1	2 hours
May 9, 2023	Series A	1830	Practice +A - 1	2 hours
May 16, 2023		1830	A - 2	2 hours
May 23, 2023		1830	A- 3	2 hours
May 30, 2023		1830	A - 4	2 hours
June 6, 2023		1830	A - 5	2 hours
June 13, 2023	Series B	1830	B - 1	2 hours
June 20, 2023		1830	B - 2	2 hours
June 27, 2023		1830	B - 3	2 hours
July 4, 2023		1830	B - 3	2 hours
July 11, 2023		1830	B - 4	2 hours
TBD	Wind up & Awards	TBD	At VYC	