

2019 SAILING INSTRUCTIONS

VYC **TUESDAY** NIGHT LADIES SAILING

- 1. Races** will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2017-2020, the prescriptions of Sail Canada, the Sailing Instructions, and the Rules and Regulations of Class Associations

- 2. Registration** is mandatory for all skippers, crew and volunteers prior to participating in the Tuesday night Ladies Series. Registration and payment of fees will be accepted up to and on May 1st. Per person fee is \$60., minimum \$240 per boat. No charge for mentors or volunteers. This fee includes one ticket to the windup party for each \$60 paid.

- 3. Eligibility, Entry and Classification** - Sailboats participating in the **TUESDAY** Night Ladies Sailing shall be owned by members of Vernon Yacht Club. Sailboats shall carry appropriate insurance (minimum \$2,000,000 liability), shall have correct, consistent, legible sail numbers on the main sail. Boats without current PHRF certificates will be assigned a handicap. As per Rule 46 the designated person in charge (in the case of a coached boat, this would be the coach) of each boat shall be a full member of VYC or another club affiliated with Sail Canada.

- 4. DISCLAIMER OF LIABILITY** -Competitors participating in any races hosted by the Vernon Yacht Club do so entirely at their own risk. See the RRS fundamental rule 4: "Decision to Race: The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
 - 4.1 -The Vernon Yacht Club, Organizing Committee and Race Committee, do not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after a race.

- 5. Changes to Sailing instructions** will posted at the VYC gate. Participants are responsible to check for any changes prior to leaving the dock area.

- 6. Fleet assignment and Class Flags-** There will be two fleets – coached and non coached.

The non coached fleet will consist of Captivator, Varua, Chaos, Little Miss Magic. The non coached fleet will consist of only females and will not have males on board during an official race. Doing so, will lead to Disqualification. The class flag for the non coached fleet will be yellow.

The coached fleet will consist of Phoenix, Mystique and Ayesha. A male coach is allowed on board. With prior agreement of all boats in the fleet, there may be more than one male coach on board. The class flag for the coached fleet will be red.

7. Schedule: **** Note Tuesday nights****

Date	Series	Notes
Apr 23, 2019	Signup night	In clubhouse at 7 pm
Apr 30, 2019	Shakedown race	First Fleet Flag at 6:30
May 7, 2019	Series 1	"
May 14, 2019	Series 1	"
May 21, 2019	Series 1	"
May 28, 2019	Series 1	"
Jun 4, 2019	Series 2	"
Jun 11, 2019	Series 2	"
Jun 18, 2019	Series 2	"
Jun 24, 2019	Series 2	"
July 6, 2019	Mini Regatta & BBQ	VYC

- 8. Start** - The starting line will be between a starting mark and the "RC" flag on the committee boat. Both fleets will start the first race at the same time. Fleet flag will be red.

- 9. Starting Zone** - The starting area is defined as an area extending 50 metres on both sides of the starting line. After the first preparatory signal, the only boats permitted in this zone are:

- Boats whose fleet will be starting at the next flag signal

- Boats whose fleet has already started

10. Marks are yellow or white towers, although the race committee may anchor an orange buoy in order to change or shorten the course. See attached for placement of marks and courses. When Y is indicated in the Course, boat must go between RC and Y buoy on way to next mark.

Course 1: SBFCF	Course 2: SAFCF
Course 3: SCFBF	Course 4: SDFBF
Course 5: SBEFCF	Course 6: SCFBEF

11. Finish line will be between the committee boat and the Y buoy or in the case of a shortened course, the last buoy. In the absence of the RC, a boat shall take her own finish time and report it to the RC as soon as possible. F= finish line

12. Time Limit will be 60 minutes. If no boat in each fleet makes it to the first mark within 30 minutes, the race will be abandoned. Boats failing to finish within 30 minutes after the first boat in each fleet shall be scored DNF.

13. Safety Equipment Every boat shall carry on board all safety equipment as designated by Transport Canada.

14. Protest Procedure - a boat intending to protest an infraction of the rules must inform the Race Committee within 30 minutes of the RC boat docking. All protest shall be written on forms available.

15. Points Awarded Points will be awarded using the Low Point Scoring System as per RRSA4

16. Scoring Boats will be scored on a per fleet basis for Series 1 and 2. Throw outs **per series** will be as follows: for every 4 races, one throw out. DNS will be scored as number of boats registered plus one. DNF will be scored as number of boats racing plus one.

17. A windup party will be held on July 6, 2019 after the mini regatta. Details of the mini regatta to follow at a later date.

18. It is the responsibility of each boat to arrange for a PHRF certificate, if necessary for the Okanagan Women's Regatta. A PHRF certificate is NOT necessary for the Tuesday night racing.

19. Each boat is responsible for the maintenance and replacement of lost or broken equipment on their boat that is a result of their usage and/or negligence.

REGISTRATION (Skipper) - 2019 LADIES SAILING

Skipper: _____
Address: _____
Phone: _____ Cell _____
Email: _____
Emergency contact: _____ Phone _____
Coached? Y/N Coach: _____

Boat Type: _____ Sail # _____
Boat Name: _____ PHRF Rating _____

Registration fee \$60. per person/\$240. per boat minimum

I agree to be bound by The Racing Rules of Sailing for 2017-2020 and the 2019 Sailing Instructions. In consideration of being permitted to enter this series, being knowledgeable of the risks of competitive sailing and knowing that it is my sole responsibility to decide whether to enter or continue any race. I agree to save harmless and keep indemnified the Vernon Yacht Club, its organizers and their representative agents, officials, servants and representatives against all claims, actions, costs, expenses and demands in respect to death, injury, loss, or damage to my person or property, howsoever caused, arising out of or in connection with my taking part in these events notwithstanding that the same may have contributed to or caused or occasioned by the negligence of same bodies, or any of their agents, officials, servants or representatives. I further understand and agree that this release is binding upon myself, my heirs, executors, and assigns. 2019 Sailing Instructions are available at VernonYachtClub.com.

Signed: _____ Date: _____

Witness: _____ Date: _____

Crew _____

Crew _____

Crew _____



D

C

X -----S-----

RC -----F-----Y

B

E

A

- Course 1: SBFCF
- Course 2: SAFCF
- Course 3: SCFBF
- Course 4: SDFBF
- Course 5: SBEFCF
- Course 6: SCFBEF

S= start line

F= finish line

REGISTRATION (Crew) - 2019 LADIES SAILING

Name: _____

Address: _____

Phone: _____ Cell _____

Email: _____

Emergency contact: _____ Phone _____

Boat Type: _____ Sail # _____

Boat Name: _____ PHRF Rating _____

Registration fee \$60. per person/\$240. per boat minimum

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Signed: _____ Date: _____

Witness: _____ Date: _____