

*Vernon Yacht Club*

# *Tiller Topics*

**Pub. Mail Agreement No.  
40650589**



Don and Cindy enjoying a rare calm and warm 2011 Summer evening on their Telstar.

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Vernon Yacht Club  
7919 Okanagan Landing Road  
Vernon, BC V1H 1H1**

**Delivery Address:**

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Gerald, Ron and Dave in our club boat.  
(Read more on page 8 "A Heavy Load")

Do you have ideas for Tiller Topics, do you have an opinion you would like published? Tiller Topics gratefully accepts your submissions. Please drop them off at the club or e-mail them to [tiller@vernonyachtclub.com](mailto:tiller@vernonyachtclub.com)

# VYC - 2010—2011 Executive

7919 Okanagan Landing Road, Vernon, BC V1H 1H1

Name:	Position:	Home:	Work:	Cell:
Tim Amy	Commodore	542-6322	833-2444	833-2444
Mike Thomas	Vice Commodore	545-8501	545-8501	549-0320
Lawrence Johnson	Rear Commodore		260-8003	
.....	Staff Captain	0	0	0
Bob Montguire	Fleet Captain	545-8851		308-7879
Gary Pearson	Treasurer	979-0359	717-5700	859-5800
Terri McLennan	Secretary	549-5056	549-2558	307-7140
Jim Caldwell	Past Commodore	260-5846		540-5846
Dean Myrfield (house & grounds)	Director 1 Year	558-3636	549-5251	308-6904
Dave Atkins (By-laws)	Director 1 Year	542-2668		550-0186
Dan Irvine (Docks)	Director 1 Year	549-0119	549-4161	549-0119
Allen Dubeski (dir. at large)	Director 2 Year	549-4531	545-9188	558-8478
Jerry Spelchan (membership)	Director 2 Year	545-4564		549-0051
Craig Williams (Publicity)	Director 2 Year	503-8993	558-1111	503-8993

Vernon Yacht Club **phone** number 545-5518  
 Vernon Yacht Club **fax** number 545-0388  
*Please leave a message if no one is there to answer your call.  
 All phone messages are followed up.*

Vernon Yacht Club - **Email Address:** office@vernonyachtclub.com  
 Vernon Yacht Club - **Website:** www.vernonyachtclub.com

**Office hours:** Monday and Thursday from 8:30 am until 2:30 pm.  
**Office Manager:** Marnie Williamson

**Bar Manager:** Rick Reichelt [phone 558-5598 (home) 309-2311 (cell)]

**Important Notice to All Members:** If you access the clubhouse with your key card and are confronted with **the alarm going off while you are inside**, please follow this procedure: Re-swipe your card at either entrance. Then call the security company and identify yourself and have them cancel the alarm. The phone number is posted at both entrances. If you fail to do this, the club can be billed up to \$150.00. Your cooperation is greatly appreciated.

\* **Submissions for Tiller Topics** can be sent via e-mail to:  
 tiller@vernonyachtclub.com

\*\***Deadline for submissions:** the second week of each month.

### Tiller Topics' Team to date:

Hanny Kooyman - Layout & Design  
 Rebecca Phillips - Proof Reading  
 Cees Kooyman - Mailing  
 Terry Rudersdorfer - Website  
 Allen Dubeski - Advertisement

### Regular Contributors:

Dave Atkins - Messing about in Boats  
 Carol Craske - Valley Girls; Racing  
 Lisa Gallie - Fitness/kayak  
 Ron Heuman - Security Team  
 Dave Simpson - Sailing Fleet; Sailing Lessons  
 Dan Irvine - On the Water Front  
 Kerry Richardson - Correspondent  
 Patricia - Newcomer's Point of View  
 Rudersdorfer  
 Doug Stewart - CPS News

**Executive members** and many occasional writers and photographers.



# Commodore's Report

Tim Amy



## Vernon Yacht Club sailors

are everywhere! During mid July while sailing into Bedwell Harbour in the Gulf Islands and looking for a moor-

age, we heard a voice advising we could not anchor there. Looking up, way way up, we discovered the voice to be coming from the third level deck of a humungous 80' power yacht at anchor, skippered by long time VYC member Richard Rotteveel. After a few pleasantries we motored in and found moorage well into the bay. Later in the day, no sooner had Richard and company set course for Saltspring Island than VYC members Sandi and Dave Simpson arrived on board their recently purchased 32' C&C 'Windfall' and dropped anchor 100' away. The Simpsons left a few days later as did we, motoring out as Richard returned to the bay with wife Barb now on board.

Soon, your Executive members will be sharpening pencils and establishing the Club's budget for 2012 and this always takes longer than expected. We anticipate no capital projects for 2012 and will likely

emphasis completion of lounge upgrades, developing bar and food services for members, continuing to build the membership numbers and to pay down debt.

Your Executive of the past two years has actively pursued new members in the community and we are seeing a considerable increase in the number of 'younger' new members, ie. those under 50 years of age. There are many organizations and activities available to Vernon residents; golf, etc., most of them with \$ costs involved as well as needing time to participate. And for many people, time, not just \$ seems to be in short supply these days. It is important that VYC be a broadly inclusive, affordable and welcoming place where people with a common interest in boating can socialize or quietly enjoy being on the water.

Summer has finally arrived in the Okanagan, and there are now only 115 days till Christmas. Make the most of it, get on the water.

*Tim*



80' power boat "Pacific Shadow"

# Vice Commodore's Report

## Mike Thomas

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### Some Comments About Our Executive.

Our Executive Directors have all been doing singular work on your behalf in the past year. Especially when you

consider that they, as well as the rest of your Executive are all **unpaid volunteers**. As an example, our Jerry Spelchan has the responsibility of recruiting new members to our Club and he has been very successful with his task this year as well as last.

Contributing reason for his success may be due to factors such as: the improved ambiance of the lounge, our exemplary food quality and service, the friendliness of our existing members and staff and the way in which they welcome our new members, or it may only be Jerry and the professional manner in which he handles his responsibility.

Whether Jerry wishes to continue with his position on the executive remains to be seen. However, you should be made aware that we also have thirteen other Executive members who are also contributing their valuable time and energies to the Club.

Would you like to be a part of this valuable team? If so, please contact Mr. Rob Ladan who is actually one of our past Commodores. Rob has agreed to serve as chairman of the nominating committee and would be pleased to answer any questions you may have. He can be contacted on his home number [250-549-7464] or his mobile [250-306-3349].

Thanks and please remember to wear your P.F.D.

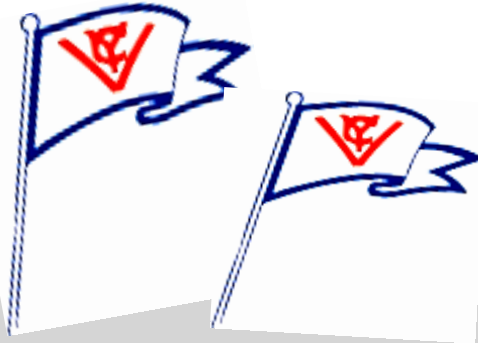
Cheers,

*Mike Thomas*

### By the way.

Did you know that the television above the bar was donated by Mike V's Automotive, the television in the North corner of the lounge was donated by The Squires Four Pub and the television in the South West corner of the lounge was donated by The Captains Care club?





**VERNON YACHT CLUB  
COMMODORE'S  
Dinner and Dance**

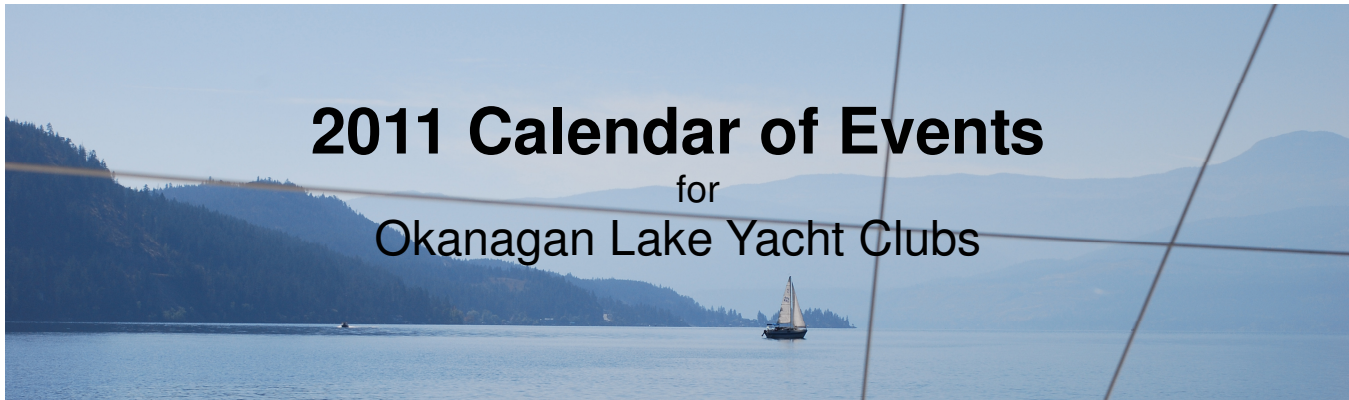
**September 24**

**Live Music by "Cod Gone Wild"**

**"Love Boat" theme**

The meal will be carved roast beef and salmon in a buffet format.

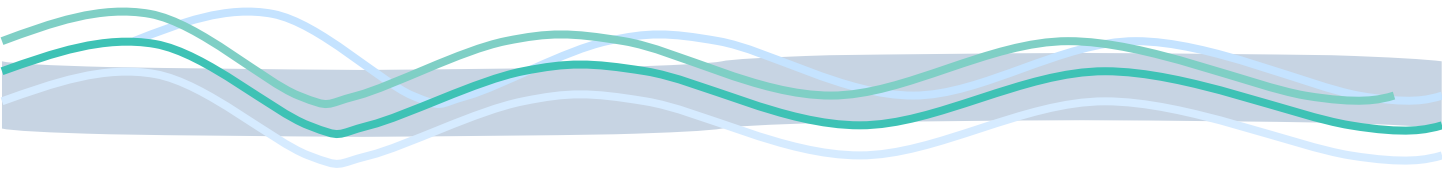
**Ticket price: \$25**



# 2011 Calendar of Events

for  
Okanagan Lake Yacht Clubs

DATE	YC	EVENT
<b>SEPT</b>		
3, 4, 5	PYC	Okanagan Grand Prix Regatta
<b>10</b>	<b>VYC</b>	<b>Pig Roast</b>
10	PYTC	Grand Prix Regatta
16 – 18	SYC	All Club Regatta - <b>End to End</b> - call SYC for more info
17	WKYC	Golf Tournament
24	KYC	CNIB Fishing Derby
<b>OCT</b>		
2	SYC	Sunday – “Steak & Rib Night” ends
15	SYC	Lift out
29	SYC	Halloween Party
<b>29</b>	<b>VYC</b>	<b>Halloween Party</b>
30	SYC	Sail Fleet “Race Night” ends
31	KYC	Halloween Party
<b>NOV</b>		
<b>5</b>	<b>VYC</b>	<b>Sailing Wind Up Party</b>
<b>28</b>	<b>VYC</b>	<b>AGM</b>
<b>DEC</b>		
<b>31</b>	<b>VYC</b>	<b>New Years Eve Party</b>
<b>Year Round</b>	<b>VYC</b>	<b>Friday Night Dinners</b>





Teri and Rod on board  
"The Butcher Club"

# Vernon Yacht Club Minutes Summary

By Teri McLennan, Secretary **August 22, 2011**

- Silent Auction brought in \$11K! Thank you for the support.
- **Commodore's Ball is set for Sept 24th. Look for ticket sales soon.**
- City of Vernon will be trying a sample in the holding tanks at top of road to eliminate the sewage smell. This smell is NOT coming from the Yacht Club, it is a city issue.
- Meals seem to be a success. Keep coming out and supporting your club.
- Looking into hose hangers and escape ladders for the docks.
- Regatta was a success!
- A reminder that there is a lot of great clothing that can be purchased.
- Members are welcome to submit articles to Hanny for Tiller Topics.
- Will be installing last 3 meters to monitor winter power usage.
- (7) new full time members have joined and (1) Associate. They are: Todd and Karen Dew, Mark and Darlene Loland, Chris and Tatyana Penalva, Rick and Paula Chemko, Douglas and Francis Warner, Michael Brooks and Heeson Domay and Dan and Allison Vis-kari.
- Club needs a new theme song. Please let MJ know if you have any suggestions and it can be voted on at the Pig Roast.

*Teri*

*Full executive meeting minutes are available in the office.*

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<p><b>Do what you want to do ....</b></p>  <p><b>We'll take care of the rest!</b></p>	<ul style="list-style-type: none"> <li>• Equity Loans</li> <li>• Self-Employed Program</li> <li>• Best Rates</li> <li>• Home Reno's</li> <li>• Debt Consultation</li> </ul> <hr/> <p>Craig Williams  <b>250-558-1111</b>  <a href="http://www.dominionsolutions.ca">www.dominionsolutions.ca</a>          Dominion Lending Centres          Solutions</p> 

## A Heavy Load



*Two marker buoys for the sailing par-course were loaded in the work boat of our Yacht Club on Monday July 25th, together with the enormous weights to keep the buoys in place once back in the lake. The chains had been broken earlier and had to be replaced. A crew of four,*

*Dave, Ron, Gerald and Bob, went out to put all back into the water.*

*Luckily the club boat has one of those ferry like ramps - controlled by a winch, so that the guys could roll all from the club's boat launch over the ramp into the boat and back into the water. Still not an easy task, but imagine **lifting** such big pieces of concrete.*



Photo's Hanny Kooyman

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# Messing About in Boats

by  
Dave Atkins

As you read this we are looking at the end of summer, but what a summer it was, certainly not the usual pattern that we expect in the Okanagan Valley. How was your boating? Did you follow the usual pattern and get out on the water regardless of the conditions? I didn't. Maybe I am just getting older or maybe getting bored with the same old routine, but in any case it was not a good year of sailing for me. One of the things that I find annoys me more as time goes by is the wave action on the Lake caused by powerboats, especially on days when there is very little wind. These are days of conflict between power and sail. Sailors have to try and nurse the small amount of wind that is there and rocking around in the waves tends to kill the slight forward motion that has been achieved. The powerboats like the same conditions because they can go fast without banging around and the

skiers and wake boarders can maintain better control in flat water. The wake boarders set up their boats to kick up a large stern wake so that they can ride the wave.

Such is the inevitable conflict between power and sail. I don't presume to offer a solution, there really isn't one without segregation of boating types, power boats over there, sail boats over here. Who wants to start that fight? It is of course impractical, we cherish our freedom of choice and would not like to give up our favorite pleasure so that someone else could enjoy the spot. We have to share the lake with other boaters of all kinds, even the kayakers and the canoes and the sailboarders. We all enjoy the access to the lakes and we have to learn to live with it.

We should all be aware of the "Rules of the Road" which govern the conduct of all boaters on all waters, after all you have a PCOC card if you operate a boat with a power source, but there are a few boaters in non-powered boats that don't need a card, but they don't usually cause enough wake to interfere with other boats. In any case there are things to be aware of that are outside the rules. Courtesy and consideration go a long way to-

wards happy boating and they are based on knowledge. Knowledge of what other types of boats can do and how they normally operate. Courtesy toward other boaters so that the effects of your boating don't adversely affect other people, for example if you see a group of sailboats sailing close together, they are probably racing and they are concerned that conditions don't slow them down. Waves do slow the boat even when there is good wind. A sailor probably shouldn't insist on "right-of-way" through an obvious slalom course in use by skiers.

Maybe I want to live in fantasy land, but the long standing antagonism between power and sail can be somewhat modified with a little understanding and tolerance for the other boaters and that starts with knowledge of boats and their characteristics. Maybe befriend a boater of the other persuasion. If you have never sailed I am sure that there is someone who would take you out for an enjoyable afternoon sail, and likewise if you haven't been on a modern high speed power boat you could find someone to give you a demonstration. It might be fun and it would certainly be educational, and maybe I will wake up in Paradise one day!!!

Dave

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# Visitor Slip Procedures

## at the Kelowna Yacht Club

Hello Fellow Yacht Clubs,

In order to ensure that all visiting yacht club members can enjoy mooring privileges at the Kelowna Yacht Club, we have summarized the procedures below for booking visitor slips in our marina. We would appreciate you circulating these procedures to your individual Club members.

1) The Kelowna Yacht Club maintains 6 visitor slips for visiting members from other yacht clubs that also offer reciprocal mooring privileges.

2) Our visitor slips are reserved on a first-come, first-serve basis, by calling our administration office at (250)762-3310 ext. 221,222, or 225.

3) Whether a slip is required for a few hours or overnight, a reservation with our office is necessary. Our office hours are Mon-Fri., 9:00AM to 5:00PM and Sat., 9:00AM to 2:00PM.

4) We will require a copy of the visiting member's valid insurance as well as a copy of the membership card. If required. A gate card

will be allocated to the visiting member for a deposit of \$20. A visitor decal will also be supplied to the visiting member and needs to be affixed in a visible location on their boat.

5) A visitor slip number will be confirmed with the visiting member once all of the requested documentation is on hand at the office.

6) The visiting member can pick up his decal and gate key at the office during regular business hours (until 9:00PM)

7) Please understand that a visiting member is not to occupy a slip other than the visitor slip assigned. Non-compliance will result in the vessel being removed from the marina.

Thank you and we look forward to seeing you at the KYC.

Sincerely,  
Richard Tremblay  
Moorage Manager



From our Bar Manager  
Rick Reichelt



Hello to all of you,

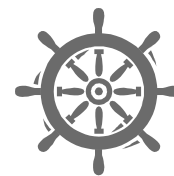
I hate to say it but summer is starting to wind down but I am looking forward to some great September boating weather. As far as our foodservice goes we will continue with all of our service through September. The one exception is our burger night on Wednesday, so this will end when sailing moves to Sunday.

Our Sunday Brunch has been so successful we will keep it going as long as we have enough attendance. It would be great if we could keep it going year round.

Don't forget the **Pig Roast is September 10th.**

**The End to End race is on Sunday September 18th**, we will have a buffet on that night, open to all members and the bar will be open till 9 pm.

That's all for now, hope to see you at the Gangplank.



Rick

## **Members Classified Ads - Free Classified Ads.**

Drop your ad off at the club or e-mail to [tiller@vernonyachtclub.com](mailto:tiller@vernonyachtclub.com)  
Ads will be posted for the duration of four months. (Inform the editor if you would like to renew.)

### **Four man Aqualine dinghy for sale**

No leaks or patches and complete with paddles and inflator.  
Will take a 10 HP outboard.  
Price \$325.00.

Call [250] 549- 0320

### **Vernon BC Strand Lakeside Resort on OK Lake**

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1 bedroom condo, fully furnished, high speed internet, tv, barbecue, hot tub,  
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403-891-1414  
403-542-9622

### **FOR RENT**

Furnished studio condo at Silver Star.

Rent weekly or monthly, June 1st-November 30th, 2011.  
Rent is \$650.00/mth. Incl. utilities.  
N/S,N/P.

Phone Jan at 250-542-7084  
email [jan.s@shaw.ca](mailto:jan.s@shaw.ca)

### **FOR SALE**

10 X 50 Cedar Float  
\$ 2,500

Contact Brent at Valley Pile Driving  
250-558-9495

### **Save \$1000!**

Buy my (almost) new Nissan 9.9hp outboard.

I paid \$3300 in 2010; you can have it for \$2300.

Long leg, electric start, 4stroke, less than 15 hours.

Too heavy for my boat (and me). No other problems.

Will consider lighter motor in trade.

(Also looking for transom mounting bracket).

Please call  
David Jones 250-309-3017

### **Adventure Bay Condo on Lake Okanagan**

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# Wildlife and your boat

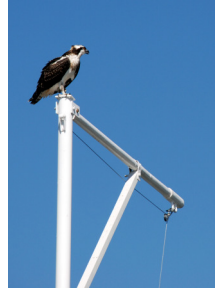


**This is Grant.** He's cleaning his swim platform from geese droppings, **again.** Grant is not alone in having to cope with the peculiar results of living together with various wildlife in the water basin.

Walking the docks one starts to observe the creative ways people are using to deter for instance geese: Voila, a fenced off swim platform!



Furthermore: The Osprey family has expanded. The young are spreading their wings to other "poles".



Will this plastic owl keep the young Osprey from pecking at the mast?

Or will this small rubber snake keep predator birds at bay?



Wasps have come to the boats as well. So we have seen these "paper wasp nests" underneath a bimini, and a container filled with beer and honey hung from the same.



Of all the wild life around us it seems that only the painted turtle is greeted with sounds of tender excitement. And then there are of course the big suckers/fish that flap their tales now and then, but they also, like the turtle, bother no one.

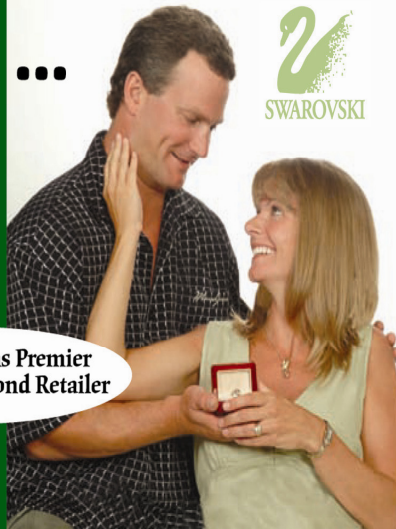


*Hanny*

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# Summer series windup

## Haven't the winds been strange this year?!

Usually we drift around in light winds on Wednesday evening wondering why we took up this frustrating sport but this year the winds continued to be strong. On August 10th, we had barely finished our race and gotten off the water before the lightening

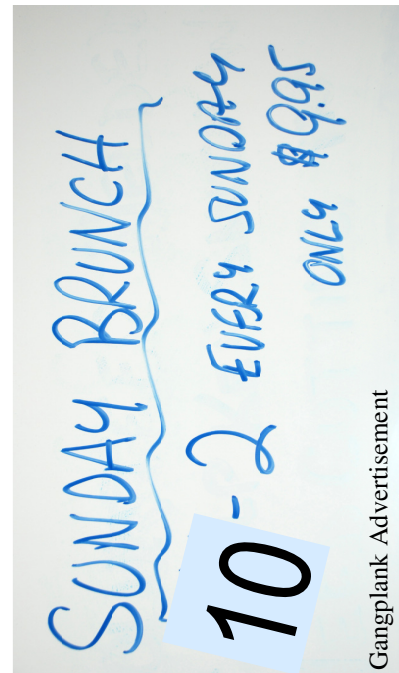
and thunder started in earnest. Our fellow racers in KYC fared worst, they had to abandon race and rush for the marina before Kelowna had over 400 lightening strikes in a storm that was declared the worst ever recorded in Kelowna.

Although the weather says summer has just arrived, our calendar tells us that we are starting the fall ( boo hoo ) series so here are the results for the summer series:

	<i>A Fleet</i>	<i>B Fleet</i>	<i>White Sails</i>
<b>1st</b>	Split Decision	Tsonqua	Fyfe II
<b>2nd</b>	Captivator	Stormy	Together
<b>3rd</b>	Mystique	Airborne II	

*Remember, we do not stop playing because we grow old; we grow old because we stop playing. Never be the first to get old!!*

Carol Craske



### Please Note

**Members are reminded that they are not to "lend" their key cards to non-members.**

Members have a responsibility to the Club for its safety and well-being and they have the privilege of using the facilities for which they are paying through their membership fees. If members bring "guests" to the Club they are responsible for the conduct of their guests.

## ANNUAL PIG ROAST

**SATURDAY SEPTEMBER 10, 2011**

**COCKTAILS @ 5:30 / DINNER @ 6:30  
ENTERTAINMENT & DANCING BY:  
BOOGIE NIGHTS 8:00—12:00**

**TICKETS \$25.00  
PRICE INCLUDES HST**

Purchase at the bar after 4 pm Tues-Sat or 10-6 on Sun  
Get your tickets early as they sell out fast. Contact Rick for details



# DOCKSIDE

MARINE CENTRE



Sea Ray BAYLINER TROPHY WHALER Sanger

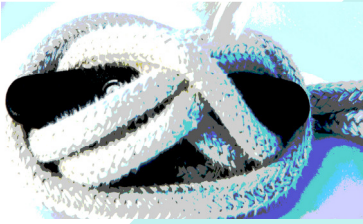


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## September brings Autumn Solstice: Boating Activity Slows

**With** the onset of the Autumn Solstice, activity on the Vernon Arm waters slows down significantly. The heavy chop created by power boats as they throw their wake for the thrill of wake-boarders, water-skiers, and tubes ebbs and becomes more useable for sailors and human-powered watercraft. Hockey training camps open, Football is in full schedule.

September also sees a significant reduction of our summer visitors and seasonal residents. Life slows to a more reasonable pace as our roadways become less congested. So too, hopefully, our risk to the Club and Member's property by the threat of thug intrusions, vandalism, and general mischief will be reduced. Or will it??

Notably, even one incident is one too many. To date we have had one evening of boats being intruded and the entrance enclosure being tampered with. Do we need more intrusions to increase our vigilance? The VYC Security Team suggests, the answer is an obvious NO! The Team is putting in many hours during quiet hours to provide a deterrence to would be undesirable characters. We trust that you, as a conscientious VYC member are doing the same. After-all it is your valuable property that everyone is looking out for. Please, do your personal security vigilance while at the Club!



Ron



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WIND



SMOKE



MOLD



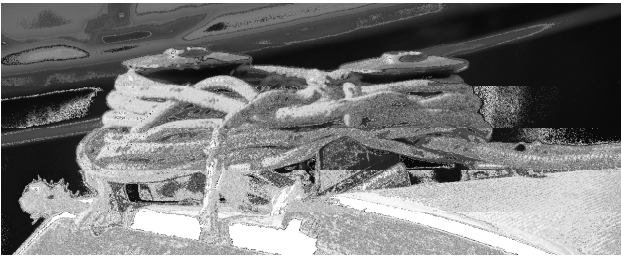
B&E

- Fire & Smoke Damage
- Water Removal & Drying
- Sewer Backup
- Content Cleaning
- Wind Damage
- Mold & Asbestos Removal
- Break & Enter / Vandalism
- Odour Removal
- Vehicle Impacts
- Crime Scene

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## CONGRATULATIONS BEAUJOLAIS!!



### On August 7, 2011

Captivator hosted **the annual Jack 'n Jill race**. Edie and Peter organized a wonderful race in the bay in front of the Yacht Club. The weather was perfect – hot and just enough wind to keep us moving! Afterwards all participants met in the clubhouse for a delicious barbeque and the announcement of the winners. Beaujolais came out the big winner – they won the overall award and will host next year's event. The line honors were as follows:

- 1 Ayesha
- 2 Phoenix
- 3 Jesse
- 4 Stormy
- 5 Eagle Moon
- 6 Cygnus
- 7 Beaujolais

This is one event that I look forward to each year. It is great to see new faces out on the water and then to enjoy a few hours of camaraderie in the clubhouse.

Hope you can make it next year!!

*Carol Craske*

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## Third Annual Okanagan End to End Race

Friday, September 16<sup>th</sup> to  
Sunday, September 18<sup>th</sup>, 2011

Friday – Register and Party in Summerland  
Saturday - Sail from Summerland to Kelowna  
Sunday - Sail from Kelowna to Vernon for prizes and awards

### Early bird Entry by Sept. 9th

Saturday **and** Sunday's legs - \$60

Saturday **or** Sunday's leg - \$40

Regular fees – registration received after September 9th.

Saturday **and** Sunday's legs - \$90

Saturday **or** Sunday's leg - \$60

Details and on-line registration [www.okanaganracing.ca](http://www.okanaganracing.ca)  
or e-mail [tracy.delorme@shaw.ca](mailto:tracy.delorme@shaw.ca)



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# Vernon Power & Sail Squadron - our 50th Anniversary !

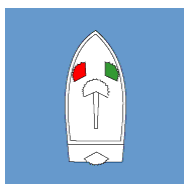
## CPS News



September, 2011

### Didja' know ...

Use only the proper navigation lights when underway at night. Those 'headlights' are for finding your mooring or for an emergency situation, ONLY !



### Coming Events:

- VHF Radio Course - October, 2011. Register on-line now!
- The Boating Course - Register on-line for our Fall, 2011 session

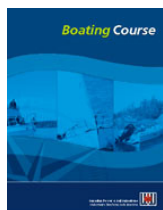
Vernon Squadron was awarded the Bill Whitely trophy for the highest marks achieved in the CPS Boating Course during 2010 - 2011. Left to right - Clark Berry, District Commander; Guy Morazain, Vernon Squadron Commander; Doug Hardy, instructor; Simo Korpisto, Squadron Training Officer; Dave Atkins, instructor; and Doug Stewart, instructor. Congratulations to our students on their high marks, and also to our Instructors. Great job, everyone!

### Your Lifjacket ...



**It only works if you wear it !**

### CPS Course Lineup



**The Boating Course** This is consistently our most popular course. The Boating Course will be offered in the Fall of 2011, commencing the evening of September 13. Course duration is 13 weeks. For more information or to pre-register, go on-line or phone Simo at 250-542-5525.

**For more information, and to pre-register for courses, please call Simo**

### See Us on the Web!

Want to find out more about the Power Squadron and its courses? Check us out on our web-sites: [Vernon Power & Sail Squadron](http://www.vernonpowerandsail.com) [www.cpsvernon.ca](http://www.cpsvernon.ca)

# Treasurer Report

Gary Pearson

July 2011



**Now that the** weather is warm, I hope that everyone has had opportunity to get out and enjoy the beautiful Okanagan Lake.

We are now at the nine month mark of our current fiscal year and our club continues to perform well financially. All of our revenue sources have met or exceeded the budget approved by the membership last fall. Membership dues for the current year are \$156,000 with an additional \$99,000 in initiation fees received up to the end of July. Besides the normal monthly payments to the credit union, the initiation fees received have also been used to directly pay down the long-term debt of the club.

Moorage is our largest revenue source with \$270,000 received for the current year. Advertising, the boat show and the bar receipts are all also in excess of budget. Thanks to everyone for pitching in to help support the club by volunteering and patronizing our club.

Expenses overall have been kept within budget although costs continue to rise and there are always unforeseen bills. The executive has spent funds to improve both the grounds and the clubhouse while continuing to maintain the breakwater and slips.

The dock expansion capital project has come in at a total expenditure of \$449,000. This is under the budget of \$453,000 set by membership at the AGM and a tremendous accomplishment for the club. Only a few more wooden docks to be replaced....

My thanks to the executive who have been diligent in keeping costs under control while making the club the envy of the valley!

Happy boating,  
Gary

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www.porticopropertyconcierge.com      Office: 250-503-1149

The advertisement for Portico Property Concierge features a logo with the word "PORTICO" in a large, serif font, with "PROPERTY CONCIERGE" in a smaller, sans-serif font below it. A stylized orange and brown swoosh arches over the text. Below the logo is a tagline in italics. At the bottom, a dark brown banner contains the website URL and office phone number in white text.

# Looking for an off-shore adventure ?

Jamie MacDonald contacted the VYC sailing fleet looking for experienced sailors to join him for portions of a classic round the world cruise aboard his Ted Brewer designed 37 foot steel cutter, Ellare. Here is an excerpt from a recent email.



*I am looking for experienced crew to travel to Mexico, the South Pacific, New Zealand, Australia, India around the Horn of Africa to England, back across the Atlantic thru the Canal and then up the West Coast. These are of course the broad strokes but will give a sense of where we are going - clearly there are many legs of a journey like this and people can come and go for various portions or stay for multiple legs.*

*We are leaving for the Sea of Cortez the third week of Sept and would like to have two more people to go as well.*

*I can be reached at the contacts below although I would prefer to have an email from someone interested stating their experience, types of boats they have sailed on and the time they have available.*

Jamie MacDonald  
[ellare38@shaw.ca](mailto:ellare38@shaw.ca)  
778 879 0548



Jay Johnson



Bruce Barnard  
Cell: 938-0583

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# Gulf Island Allure

**Did you know** that we live in a most fantastic province that is known, internationally, as having one of the most intriguing marine oases in the world? People sail from offshore places, fly in from distant lands, and ferry across the Salish Sea to experience “cruising the Gulf Islands”. Just take a browse through the well-known “Tanners” bookstore in the seaside town of Sidney, approximately 2 kilometers west of Swartz Bay, and you will find inside a small alcove dedicated to “boating” with charts, books, maps and more to spark your adventurous soul. Indeed, boating shrinks our globe, for you never know when your plotted course may connect with a cruising colleague.

Within 24 hours of a park host duty in Beaumont Marine Park, South Pender Island, in the Gulf Islands myriad, during July 2011, such connections fell into place. One minute you were peering through binoculars to locate the Beaumont Marine Park Host docking wharf, and in the next, you hear a voice from high up shouting, “Too deep to set an anchor here!” Why it was Richard Rotteveil on his “Pacific Shadow” smiling with a welcoming handwave. You shout back, “Looking for a floating dock for the Volunteer Park Hosts! Have you seen it?” And in that fleeting exchange, memories of past to present occasions flood back. But docking at a distant destination becomes the priority, settling in with wharf lines and fenders, raising of banners, and reviewing “logs”. By the time you take a breath other



Windfall (Dave and Sandy Simpson's C & C)

to savour the beauty around, “Pacific Shadow” has disappeared from the harbor. When you least expect it, connections” can materialize. While rowing a small dingy along the rugged shore where a grey harbor seal pup had nuzzled in among the rocks, past a young white-tail buck standing proud amid the shade of the graceful arbutus, there came “Windfall” into view, a gleaming white 32 foot C & C, with Dave and Sandi Simpson at the helm, anchoring in the bay off the floating dock with friendly smiles. “Yes, dessert and wine after dinner would be just fine; row to the wharf and bring your stories true.” There is a warm feeling to be had when your pathways cross with those who have a passion for boating. And wouldn’t you know it? Just as the Park Host event comes to a close and you are

leaving the bay, there is “Pacific Shadow” once more anchored in the sun and a cheery “Hi” from both Barb and Richard with cameras clicking at both ends...a few moments to exchange “news” of “from where” to “where now” and “safe traveling”.

As you cruise to places that you savour from your past, or adventure on new courses or different waters that you have always dreamed of, one thing that is in common is the “sense of camaraderie”... the connection with others there are like-minded enthusiasts, willing to share a story or two, a wrench or knot, a crab or pie, on the lapping waters of time.

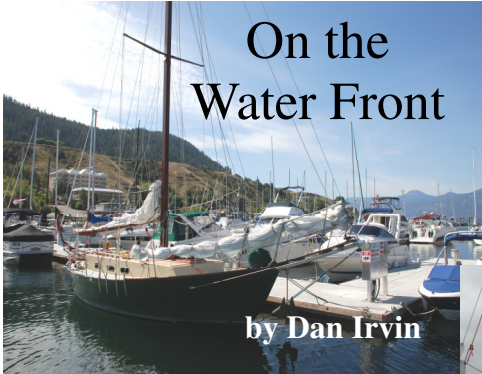
Barb and Richard Rotteveil on “Pacific Shadow”, a private motor yacht.



“Take care and cruise well.”

*Kerry  
(Our Tiller Topics Correspondent,  
Vancouver Island)*





47' Kevlar foam core cat with rotating carbon fiber wing mast...oh yah!



Including the little tour aboard a 75 year old Cat that made 7 sailboats in three weeks. Being unable to find a boat sailing back to the Boston area in

time for my flight home I rearranged the return leg from Halifax and flew home happy. I believe all the boats in quotation marks have websites or blogs.



Schooner Dove 2 close reaches across Penobscot Bay ME.

A couple of these boats have made remarkable voyages

including 80,000 sea miles for Avenger, extended world cruising for "What's Up Doc", and of course if you are a history buff the schooner "Adare" was the only boat racing that day that was at the inaugural Schooner Week in 1961.

The longer legs were arranged through crew-seeker type websites so if you are prepared to wing it, rough it, and go with the flow there is a lot of sailing out there to be had.



Dan

## THERMO REGULATION

Thermoregulation is the term for the body's ability to maintain its core temperature (i.e., heart, lungs and brain) within specified boundaries. Normal core temperature ranges between 36.5° C and 37.5°C. This control is primarily provided by a portion of the brain called the hypothalamus which initiates a variety of responses to temperature fluctuations signaled by temperature receptors in the skin and core.

When the body is too warm, one cooling response is vasodilation which expands the blood vessels to increase blood flow to the periphery. This process may also be accompanied by sweating (another cooling response).

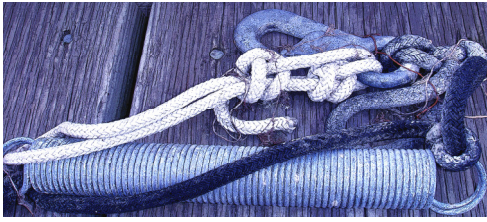
When the body is too cool, body heat is preserved: vasoconstriction narrows blood vessels to decrease blood flow to the extremities (hands/feet) and therefore decrease heat loss.

The brain may also initiate shivering thermogenesis to generate more heat. Shivering is an extremely effective means of creating body heat. At rest, we normally generate approximately 100 watts of heat. But when vigorous shivering occurs in the early stages of cold exposure and mild hypothermia, it can increase heat production up to 500 watts. Shivering is a good thing - it not only slows the onset of hypothermia but can also be an important aid in post-rescue rewarming. When attempting to aid a potentially hypothermic victim, given the choice of drink, it would be better to offer a cold drink with sugar ( to fuel shivering) than give them a warm drink that relies only on heat for rewarming (like warm water). The best possible option would be a warm chocolate drink that provides both heat and energy. **Note:** Be careful, however. Fluid should only be provided in cases of mild hypothermia where the victim is conscious, alert and won't choke.





**Well** it isn't exactly running away to sea but if it was it could look something like this: Land in Boston, head for Mystic Seaport to rent a little Riverside Class dinghy built by wooden boat school, and sail around the harbor just to get warmed up; head for the rendezvous in Rockland ME and the 50' Schooner "Dove 2" with

skipper/owner Mike Taber for ten days of sailing with minimal crew around Penobscot Bay;

Greyhound 'er up to meet with Dr. David Edsal and head for his Lock Crowther designed 47 Kevlar Catamaran, "What's Up Doc" to sail from Somerset MA to Chester Basin NS via Newport RI, Martha's Vineyard, Nantucket and Lunenburg NS; boot'er down to Hubbards Cove NS for a day in the 50th annual NS Schooner Association Race Week aboard the 106, (that is one hundred and six) year old 40' schooner "Adare"; a final day of racing on the beautiful 1966 built mahogany on oak 47' schooner "Avenger"; an awesome daysail from Hubbards Cove back to Lunenburg on Avenger; and finally a great daysail in the Lehave River to wrap it all up.



# September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Lounge Hrs 16:00—22:00	2 Lounge Hrs 16:00—23:00 <b>Friday Night Dinner</b>	3 Lounge Hrs 12:00—22:00 <b>Soup &amp; sandwich 12 till 3PM</b> <b>Buffet at 6PM</b>
October 29 <b>Halloween Party</b>						
4 Lounge Hrs 10:00—18:00 <b>Sunday Brunch 10 - 2</b>	5	6 Lounge Hrs 16:00—22:00	7 Lounge Hrs 16:00—22:00	8 Lounge Hrs 16:00—22:00	9 Lounge Hrs 16:00—23:00 <b>Friday Night Dinner</b>	10 Lounge Hrs 12:00—22:00 <b>Soup &amp; sandwich 12 till 3PM</b>
					 <b>PIG ROAST</b>	
11 Lounge Hrs 10:00—18:00 <b>Sunday Brunch 10 - 2</b>	12	13 Lounge Hrs 16:00—22:00	14 Lounge Hrs 16:00—22:00	15 Lounge Hrs 16:00—22:00	16 Lounge Hrs 16:00—23:00 <b>Friday Night Dinner</b>	17 Lounge Hrs 12:00—22:00 <b>Soup &amp; sandwich 12 till 3PM</b> <b>Buffet at 6PM</b>
						
18 Lounge Hrs 10:00—18:00 <b>Sunday Brunch 10 - 2</b> <b>End to End Race</b> <b>Plus Buffet for all</b>	19 <b>VYC Executive Meeting</b>	20 Lounge Hrs 16:00—22:00	21 Lounge Hrs 16:00—22:00	22 Lounge Hrs 16:00—22:00	23 Lounge Hrs 16:00—23:00 <b>Friday Night Dinner</b>	24 Lounge Hrs 12:00—22:00 <b>Soup &amp; sandwich 12 till 3PM</b> <b>Commodore's Dinner and Dance</b>
						
25 Lounge Hrs 10:00—18:00 <b>Sunday Brunch 10 - 2</b>	26	27 Lounge Hrs 16:00—22:00	28 Lounge Hrs 16:00—22:00	29 Lounge Hrs 16:00—22:00	30 Lounge Hrs 16:00—23:00 <b>Friday Night Dinner</b>	