



Vernon Yacht Club

TILLER TOPICS

**Pub. Mail Agreement No.
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Vernon Yacht Club
7919 Okanagan Landing Road
Vernon, BC ,V1H 1H1**



New neighbors !

Delivery Address:

August 2009 Features

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Remember to bring your key-card
when you're going out !

Do you have ideas for Tiller Topics, do you have an opinion you would like published? Tiller Topics gratefully accepts your submissions. Please drop them off at the club or e-mail them to tiller@vernonyachtclub.com

VYC - 2008—2009 Executive

7919 Okanagan Landing Road, Vernon, BC V1H 1H1

Name:	Position:	Home:	Cell:
Jim Caldwell (Susan)	Commodore	260-5846	(250) 540-5846
Tim Amy	Vice Commodore	833-2444	833-2444
Stewart Bye	Rear Commodore	545-6005	308-9039
Nicola Windsor	Staff Captain	938-2285	938-2285
Bob Montquire	Fleet Captain	545-8851	308-7879
Graham Doyle	Treasurer		
Sonya Olsen (Bill)	Secretary	542-0801	309-1960
Rob Ladan (Lorraine)	Past Commodore	549-7464	306-3349

Directors:

Dan Irvine	549-0119	549-0119
Ron Paziuk (Peggy)	549-5086	309-8370
Joanne Jacubo (Terry)	542-1577	309-3481
Ben Hoy	545-5809	558-9655
Fritz Luetgeb (Wilma)	549-1595	308-8482
Heather Clark (Dean)	549-2958	309-1658

Vernon Yacht Club phone number 545-5518
Vernon Yacht Club fax number 545-0388

Office hours Wednesday, Thursday and Friday from 10:30 am until 2:30 pm.
Occasional changes to these hours will be posted on the office door.

Please leave a message if no one is there to answer your call.
All phone messages are followed up.

Vernon Yacht Club fax number 545-0388

Vernon Yacht Club - Email Address: office@vernonyachtclub.com
Vernon Yacht Club - Website: www.vernonyachtclub.com

Tiller Topics' Team to date:

Hanny Kooyman - Layout & Design
John Clark - Proof Reading
Cees Kooyman - Mailing
Rob Ladan - Website
..... - Advertisement

Regular Contributors:

Kerry Richardson- Bookcorner & various
Doug Stewart - CPS News
Ron Heuman - Security Team
Carol Craske - Valley Girls; Racing; Sailing Lessons
Dave Horsham - VYC Sailing Fleet
Executive members and many occasional writers and photographers

* **Submissions for Tiller Topics** can be sent via e-mail to:

tiller@vernonyachtclub.com

****Deadline for submissions:** the second week of each month.

Important Notice to All Members: If you access the clubhouse with your key card and are confronted with the alarm going off while you are inside, please follow this procedure: Re-swipe your card at either entrance. Then call the security company and identify yourself and have them cancel the alarm. The phone number is posted at both entrances. If you fail to do this, the club can be billed up to \$150.00. Your cooperation is greatly appreciated.

COMMODORE'S REPORT JIM CALDWELL



Ahoy from the Bridge!



If you can't be on your boat and lazing by beautiful lake Okanagan sounds inviting to you, come on down to the club and experience the cool lake breezes, great company and of course a cool drink! Remember your club is a great place to bring visiting family and friends....we'd love to meet them.....really!

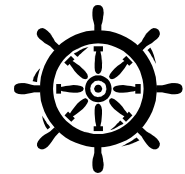
June 27 was the club's first garage sale and was a great success thanks to the skillful leadership of Fritz and Wilma Leutgeb and their band of volunteers who gave up their Saturday to raise money for a new television. A total of \$1044.00 was raised!! Thank you to all who brought their

used treasures and volunteered to make this a success.....maybe we can talk Fritz and Wilma into a yearly garage sale!

The Ladner Yacht Club has renewed its reciprocal privileges with our club, so if you are boating at the coast drop by the Ladner Club in Delta located on the South Arm of the Fraser River. If you require moorage arrangements, please contact their Security Contractor at 604 946 4056 during normal business hours.

By-the-way, the new owners of the Ok Landing store across from the club are Tim and Wendy Olsen. If you're in need of a coffee, muffin or donut drop by and say you are a member of the Vernon Yacht Club and you'll receive 10% off....now that's what I call good neighbours!!

Safe Boating



Jim

VICE COMMODORE'S REPORT TIM AMY



The Executive now has a summary of the member's responses to the Initiation Fee Review. Nothing is ever as simple as it may at first appear and this matter will no doubt generate much learned and energetic debate at the table.

In other late breaking news the club house bar service hours will be extended to 8 pm on Saturdays and we are exploring ways to provide an improved food service during bar hours. It won't be caviar or canapés (what are they anyway?) Likely to be sandwiches for now and some delicious desert with Friday dinners. Carrie the bar manager will add this to her already long list of things to do.

*Cont. page 4
Page 3*

Cont. from page 3

And any member interested in experiencing the thrills of keel boat racing (at 6 knots?) just give the sailing fleet chairman Dave Horsham a call (250-542-5632) to get onboard as crew for Wednesday evening racing, or just show up at the gate at 5:30 pm.

Any of you wake boarders got the nerve? Wear runners with non marking soles. No experience needed, bring a life jacket and attitude.

Director Ron Paziuk with other members has been busy replacing the refurbished orange mooring buoys. This entails Ron free diving to

reconnect chains. There are a few more to be placed and any members with scuba gear and time to assist Ron would be much appreciated. Call Ron at 250 549 5086



Tim

REAR COMMODORE'S REPORT STEWART BYE

Bobbing on the Lake somewhere.
No Report

FLEET CAPTAIN'S REPORT BOB MONTGUIRE

Everything is the same. No report.

Bob Montguire



STAFF CAPTAIN'S REPORT NICOLA WINDSOR

Can't decide where to go with your friends on a Friday night? Bring them to the Vernon Yacht

Club for the least expensive steak dinner in the Okanagan. For only \$12.00 all you have to do is cook your steaks, wash your dishes and return your glasses to the bar.

July 25th is our **all club Invasion**, looks like a sell out.

Watch your email for the next Event: our **Annual Pig Roast**
September 25th

Respectfully, Nicola Windsor



With the lake now temped enough to swim in, the deployment of the refurbished Mooring Buoys is moving ahead. Recently 4 Buoys were placed at South Agate Bay and 2 Buoys were placed at Fintry Light. Further deployments will occur as conditions and resources allow. Ellison Park Buoys will also continue to be monitored for condition and usage.

While the number of vessels in the area appears to be down from the last few years, the number of private mooring buoys appears to have increased and pressure by the public on VYC Mooring Buoys is also increasing.

VYC has placed these buoys for all of the boating community to enjoy. Compare the usage of these buoys with the way a person uses a park bench. No one has sole rights over these buoys. Of course confrontation is inappropriate. The sharing of these resources is encouraged.

Provided wind and lake conditions are appropriate, consider securing alongside vessels occupying our moorings. If the vessel is occupied,

identify yourself as a VYC member and explain your intentions. Though the mooring belongs to VYC, just get the word out that it is for sharing with all boaters.

As to vessels that are left unattended, tie to them at your own discretion. Should the owner return, you can let them know they are trespassing. My experience is that they already know they are trespassing but prefer to bully their way through.

Remember: Identify yourself as a VYC member, know your facts, be firm and don't be confrontational.

Ron Paziuk

INSTRUCTOR TIPS

Avoiding Seasickness:

- *stay on deck & keep busy*
- *take turns steering*
- *sing songs or breathe deeply*
- *look out at the horizon, not down*
- *sip ginger ale, Coke, or Pepsi*
- *chew saltines or water biscuits*
- *if you go below, stay in aft half of boat*
- *avoid greasy foods & alcohol the night before*
- *carry wristbands, "the patch" or Advil blue*
- *if all else fails, lean over the lee side & tickle your throat*

[taken from Fast Track to Cruising, 2005]

Back and in the Water
AUG 2, 2009



For more details
just give the sailing fleet chairman
Dave Horsham a call
(250-542-5632)
or try to connect with last year's
winner: Bob McDonell

Garage Sailors



An amount of \$1044.00 was raised towards the purchase of a new TV in the lounge.

Thank you to all who made this happen.

Boat Launching for Dummies

Looks like he follows instructions well.



They told me not to get the trailer too deep into the water.

Bouquets of Roses

In recognition of the dedication of time to "captain" the "Heaven Can Wait" 24 foot pontoon boat for long term care facilities and disabled members of our community, all volunteers are recognized for their commitment to support residents in "living fully".

Of special note for this month:

Ron Heuman, President/Scheduler, and Norm Jaques, Chief Captain, for ongoing organizing of the "Heaven Can Wait" operation.



Dave Horsham, one of the many volunteers for the "Heaven Can Wait" boating charity.



Ron Quire, Ken Smith, and Ed Kinnear, for their vigilance to ensure the safe return of a VYC member's rowboat that had been temporarily removed from its berth.

250-558-8648

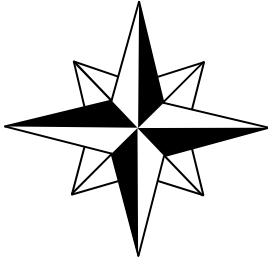
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Donna Hopkins

Vernon, BC

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Thank you! Wayne
Tingley for all your effort
spent on providing the Tiller
Topics with sufficient adver-
tising. As a result our news-
letter pays for itself!

However, Wayne's new work environment
caused him to let go of the Tiller Topics' adver-
tising job. Therefore, we're now looking for a
new person to fill his position: "Hunting for
ads!"

Phone Hanny at 250-542-2635 or
e-mail tiller@vernonyachtclub.com

At present we have room for one more ad.
Wayne has made the next person's job easy.

Note to frustrated sailors

Lost your halyard? We can help! There is a simple
halyard retriever on the dock, next to the gantry. It's
basically a loop of wire on the end of a pole, with a
drawstring to close the loop & grab the halyard. In-
structions are with it. Give it a try before climbing or
lowering the mast.

David Jones



More details
later
by e-mail

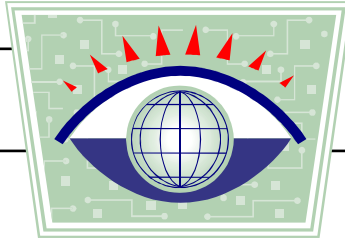
Nicola Windsor



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take advantage of special discount on all our services. See us for your next oil
change, transmission service, fuel service, or radiator flush.

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Book Corner
**EXPANDING
HORIZONS**
By Kerry Richardson



Resources: Sport & Pleasure
Title:

Getting Started In Sailboat Racing

Author: Adam Cort and Richard Stearns
Copyright: 2005
Publisher: International Marine/McGraw-Hill

Review: The authors of this book about the fundamentals of sailboat racing have a wealth of sailing experience and writing for the magazine, Sailing. There are twelve chapters that are organized in "bite-size pieces": Starting, Windward Leg, Windward Mark, Downwind Legs, Leeward Mark, Basic Tactics, Weather, Boat Speed – Sail Controls, Sailing to Windward, Sailing Off the Wind, Getting Involved (Kinds of Racing, Q & A). Each chapter has photographs, diagrams, or illustrations with a final "Q & A" to bring closure to each chapter.

Q. What is the primary down side to the reach-out, reach-in start?

A. You run the risk of being caught barging.

Purchase: www.amazon.com/Getting-Started-Sailboat-Racing-Adam/dp/0071424008
\$10.85 (new)

Safe Rescue Aids

Check it out! The red or white ring buoy that is mounted on your boat MAY be a hazard to rescuing an "overboard". A member of the Coast Guard recently shared that the "hard material" of the ring may cause a concussion if it hits a panicking person. What to choose? As soon as you hear "person overboard", throw a Type IV Standard Buoyant Cushion ("red" for visibility). While you navigate your boat to administer a lifesling, the cushion can calm a shocked crew in the water" by having something solid to hang on to. At approximately \$20.00 from West Marine or Canadian Tire, the cost beats the innovation of a "throwable rescue stick" that can be purchased for about \$160.00.

Effective Saturday August 1st
the Gangplank Bar will be open
until 8:00 pm

unless

the hall has been privately booked.
Watch for the calendar in the Tiller Topics.

Coming Soon – Sandwiches and veggie trays
will be available at the bar in the next couple of
weeks.

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All Okanagan Lake Yacht Club Events 2009

August 1 & 2 – SYC Invasion
August 8 & 9 – SYC Junior Keel Race
August 15 & 16 – KYC Commodore Cup
August 15 & 16 – PYC Invasion
August 22 & 23 – KYC Invasion
August 21, 22 & 23 – WYC Women's Regatta

September 5 & 6 – PYC Regatta
September 11, 12 & 13 – Lake Long Race – starting in Summerland ending in Vernon
September 26 – VYC Pig Roast

Nicola Windsor



SECURITY TEAM UPDATE



The VYC Security Team concept continues proving to be a viable member driven group in our Club. By the end of July we will have quietly put in over 450 hours of surveillance of Club and member assets. Compliments to all Team Members who fulfill their shift obligations without much ado. The July schedule has increased our vigilance in light of the increased activity on the lake.

Happily, to date shift reports do not reflect any trespassing or untoward activity, this is a good thing! Once again all Members are encouraged to remain vigilant of suspicious activity, after-all it is your property you are protecting. Finally, the team would like to welcome a new member, Doug Hoover. We are always happy to have more members joining the team. "Vigilance aye Vigilance"

Cheers, Ron Heuman

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Wind Damage



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VALLEY GIRLS



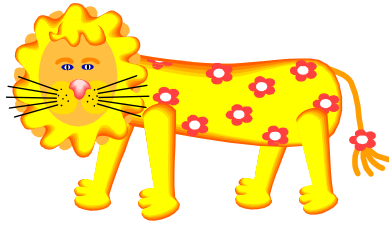
The **VALLEY GIRLS** continue to have excellent (if not fickle) wind on Tuesday night as we practice our sailing skills. The **women's regatta is at Westbank Yacht Club on Aug 22nd weekend** and we will have five (maybe six) boats going! We also have one boat practicing to go to the **Nationals** being held **at West Vancouver Yacht Club the September 12th weekend**. This year there is a new category at the Westbank's regatta - a white sail fleet. The white sail fleet is crewed by women BUT there can be one male on board who can give advice only. This is to encourage the hesitant skippers to get out there and join us. Would you be willing to allow your boat to participate? I continue to get calls from interested women sailors but I do not have enough female skippers/boats. Currently I have about eight women waiting to crew. Any male skipper who would like to help us out and help train these women while they are waiting for placement, please give me a call 250 542-5644. It would involve taking 3 or 4 women on your boat and joining us on Tuesday night. This would also help out the five fully (wo)manned boats as we would have more boat interaction. Wouldn't you rather be sailing than cutting the lawn? It is also an excellent opportunity for non racers to join us for a less hectic race experience.

Carol

Tuesday night practice.



OGOPOGO'S CURSE?



Strange things

have been happening on the race course. Have you noticed? It seems that almost every boat and crew has been affected. What's happening? Is it because of a full moon, anger of the wind god, or the fact that Jupiter's gravity is pulling on Mars so that on August 27 the earth and Mars



will be the closest they have ever been? We have seen the effects - masts shortened, forestays snapped, sails on four boats (at least) torn, motors won't work, winch handles overboard, collisions, tillers broken, committee boat hit not once

but three times in the regatta (sorry, Bob - hope your new swim grid is on order), man overboard during a race (successfully retrieved), lost spinnaker sheet (and it was new), ripped clothing (and it was new, too), bruises, separated ribs, broken spinnaker poles and so on. Even off the race course, we are not safe. I was dusting a picture of my team on Captivator and it fell off the wall shattering the glass. Is it an Omen? Are you a believer?

Sailing lessons have finished for the year. We had a small but very enthusiastic group. The winds were good to us and it was the first year that all four on-the-water lessons had excellent wind. It is wonderful to share our love of sailing and look forward to seeing them on the water. Our reputation is spreading as I have had two calls from Ontario wanting information on lessons. Unfortunately, they will have to wait until next year. Thank you to Rob & Lorraine Ladan, Dave & Linda Horsham, John Ravensbergen, Roger Price, Steve Cranton, and of course, my husband, Don for all your hard work.



Regular racing

continues on Wednesday. Spring series has ended and complete results are posted on the club's website. As stated before, I have women looking to race so if you need crew, give me a call. Also, you have paid for your PHRF certificate already so have your sails measured - contact Dave Pollock. Here are the top three boats in each fleet::

	A Fleet	B Fleet
1st	Old Son	Stormy
2nd	Split Decision	Lil Miss Magic
3rd	Balderdash	Hina

Carol

Members Classified Ads - Free Classified Ads .
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 Ads will be posted for the duration of four months.

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Cont. Members Classified Ads tiller@vernonyachtclub.com

Ads will be posted for the duration of four months.
Please notify editor when renewal is desired.

27' HotFoot Shadowfax
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LOA: 27'
LWL: 22'
Beam: 9'4"
Draft: 5'5"
Displ: 3600 lb
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PHRF 152



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250-542-0053(res)
Email: simdave@telus.net

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Wanted

a small inflatable dinghy (1 or 2 people).

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Lake Okanagan: A "Piece of Heaven"

While many stories in "Tiller Topics" have focused on the "sailing events" of the boating season, there are many other kinds of boating that are being enjoyed by young and old. One of the most rewarding boating experiences is the dedication of time by volunteers who "captain" the "Heaven Can Wait" 24-foot "Pontoon Patio Boat", docked in the VYC marina. Perhaps you have witnessed the arrival of one of the Okanagan Long Term Care Facilities' buses in the parking lot. Each day, Monday to Saturday, there can be up to two scheduled "outings" whereby



Doreen, resident with elegant style, whispered..."This is a piece of Heaven."



residents, care givers, and recreational therapists board the "beautiful boat" to enjoy the benefits of the "outdoor lake". This initiative, formed by the Okanagan Quality Life Society in 1992, continues through ongoing commitment to their mandate:

"To improve the quality of life for Residents in Long Term Care Facilities and Disabled Members of Our Community."

Cont. page 15



MARINE CRAFTSMANSHIP IS OUR SUCCESS

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Owner/Operator

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Fax: 250-545-6244

tom@boltonstainless.com

8176 Highway 97 ● VERNON, B.C. ● V1B 3W6

From page 14

One of many such adventures occurred on Wednesday, June 24th, from 10:30am to 1:30pm, when the "Heaven Can Wait" pontoon boat left the Vernon Yacht Club slip smoothly, with Captain

Dave Horsham at the wheel. There were seven spirited and age-seasoned



Erin and Kaitlyn, Residential Care Supporters, and Catherine share time together.

travelers from Polson Extended Care Wing, accompanied by their two recreational therapists, who braved cloudy skies and the hovering light rain. Needless to say, these cheerful boaters faired the inclement weather with blankets and a delicious picnic lunch. They were not disappointed: There was the sighting of an eagle, deer, fish jumping, and a "persistent fe-

How could the sun not shine down to greet the magnetic smiles and "nodding of contentment"?

This outing was evidence that: "

"Quality in Life is in Living Fully."



Hilda and Bob Driver point out the sights along the way.

KR



Spirited residents are ready for their Lake Okanagan boating adventure.

male mallard" who demanded retribution for her winged flight to starboard.

North Okanagan Sailing Association
LEARN TO SAIL
 Kid classes Age 8 - 10
 Youth classes Age 11 - 17
 Adult classes
 Registrations can be completed at
NOSA in Paddlewheel Park
 or Briteland.
Ph. 260 - 4255
 Check website
 for full details

WWW.NOSA.BC.CA

 Jay Johnson

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August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>The following dates are when we have booked a special event and the bar will only be open Saturdays until 6:00pm: September 26th – Pig Roast; November 7th – Sailing Wind Up Party; December 5th – Private Christmas Party; December 19th – Private Christmas Party Otherwise the bar will be open until 8:00 pm Saturdays and Sundays starting August 1st. <i>Rachael</i></p>						
<p>2 Lounge Hours 14:00-20:00 Jack and Jill Race Summerland Invasion</p>	<p>3 </p>	<p>4 Valley Girls 6:15PM</p>	<p>5 Lounge Hours 16:00-21:00 Hamburger Night</p>	<p>6 Lounge Hours 16:00-21:00</p>	<p>7 Lounge Hours 16:00-23:00 Friday Night Dinner</p>	<p>8 Lounge Hours 14:00-20:00</p>
<p>9 Lounge Hours 14:00-20:00 Summerland Junior Keel Race</p>	<p>10 VYC Executive meeting 7:00 PM</p>	<p>11 Valley Girls 6:15PM</p>	<p>12 Lounge Hours 16:00-21:00 Hamburger Night</p>	<p>13 Lounge Hours 16:00-21:00</p>	<p>14 Lounge Hours 16:00-23:00 Friday Night Dinner</p>	<p>15 Lounge Hours 14:00-20:00 KYC Commodore Cup & Penticton Invasion</p>
<p>16 Lounge Hours 14:00-20:00 KYC Commodore Cup & Penticton Invasion</p>	<p>17</p>	<p>18 Valley Girls 6:15PM</p>	<p>19 Lounge Hours 16:00-21:00 Hamburger Night</p>	<p>20 Lounge Hours 16:00-21:00</p>	<p>21 Lounge Hours 16:00-23:00 Friday Night Special Dinner</p>	<p>22 Lounge Hours 14:00-20:00 KYC Invasion Woman's Regatta WYC</p>
<p>23 Lounge Hours 14:00-20:00 KYC Invasion Woman's Regatta WYC</p>	<p>24 </p>	<p>25</p>	<p>26 Lounge Hours 16:00-21:00 Hamburger Night</p>	<p>27 Lounge Hours 16:00-21:00</p>	<p>28 Lounge Hours 16:00-23:00 Friday Night Dinner</p>	<p>29 Lounge Hours 14:00-20:00</p>
<p>30 Lounge Hours 14:00-20:00</p>	<p>Sept 11, 12, 13 Lake Long Race Summerland- Vernon</p>		<p>Sept. 26 VYC Pig Roast</p>		<p></p>	