

2017 SAILING INSTRUCTIONS

VYC THURSDAY NIGHT LADIES SAILING

1. **Races** will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2017-2020, the prescriptions of Sail Canada, the Sailing Instructions, and the Rules and Regulations of Class Associations
2. **Registration** is mandatory for all skippers, crew and volunteers prior to participating in the Thursday night Ladies Series. Registration and payment of fees will be accepted up to and on May 4th. Per person fee is \$50., minimum \$200 per boat. No charge for mentors or volunteers. This fee includes one ticket to the windup party for each \$50 paid.
3. **Eligibility, Entry and Classification** - Sailboats participating in the Thursday Night Ladies Sailing shall be owned by members of Vernon Yacht Club. Sailboats shall carry appropriate insurance (minimum \$2,000,000 liability), shall have correct, consistent, legible sail numbers on both the main sail and the spinnaker. Boats without current PHRF certificates will be assigned a handicap.
4. **Changes to Sailing instructions** will posted at the VYC gate. Participants are responsible to check for any changes prior to leaving the dock area.
5. **Fleet assignment and Class Flags** - the committee will determine fleet assignment and class flags at registration or as soon as possible thereafter. If numbers allow, we will have two fleets - coached and non coached.
6. **Schedule:**

Date	Series	Notes
Apr 27, 2017	REGISTRATION & spinnaker lesson	In clubhouse. Docks will be Under repair so we will be inside
May 4	Shakedown race	First Fleet Flag at 6:30
May 11	Series 1	"
May 18	Series 1	" & Ladies Night
May 25	Series 1	"
Jun 1	Series 1	"
Jun 8	Series 2	"
Jun 15	Series 2	"& Ladies Night
Jun 22	Series 2	"
Jun 27	Series 2	"
July 6	Series 2	".
TBD		Windup Party

7. **Start** - The starting line will be between a starting mark and the "RC" flag on the committee boat. Both fleets will start the first race at the same time. Fleet flag will be red.
8. **Starting Zone** - The starting area is defined as an area extending 50 metres on both sides of the starting line. After the first preparatory signal, the only boats permitted in this zone are:
 - Boats whose fleet will be starting at the next flag signal
 - Boats whose fleet has already started
9. **Marks** are yellow or white towers, although the race committee may anchor an orange buoy in order to change or shorten the course. See attached for placement of marks and courses. When Y is indicated in the Course, boat must go between RC and Y buoy on way to next mark.

Course 1: SBFCF	Course 2: SAFCF
Course 3: SCFBF	Course 4: SDFBF
Course 5: SBEFCF	Course 6: SCFBEF

10. **Finish line** will be between the committee boat and the Y buoy or in the case of a shortened course, the last buoy. In the absence of the RC, a boat shall take her own finish time and report it to the RC as soon as possible. F= finish line
11. **Time Limit** will be 60 minutes. Boats failing to finish within 30 minutes after the first boat in each fleet shall be scored DNF.
12. **Safety Equipment** Every boat shall carry on board all safety equipment as designated by Transport Canada.
13. **Protest Procedure** - a boat intending to protest an infraction of the rules must inform the Race Committee within 30 minutes of the RC boat docking. All protest shall be written on forms available.
14. **Points Awarded** Points will be awarded using the Low Point Scoring System as per RRSA4
15. **Scoring** Boats will be scored on a per fleet basis for Series 1 and 2. Throw outs **per series** will be as follows: for every 4 races, one throw out.
16. A windup party will be held within in two weeks of the Okanagan Women's Regatta. Time and place to be determined.

REGISTRATION (Skipper) - 2017 LADIES SAILING

Skipper: _____

Address: _____

Phone: _____ Cell _____

Email: _____

Emergency contact: _____ Phone _____

Coached? Y/N Coach: _____

Boat Type: _____ Sail # _____

Boat Name: _____ PHRF Rating _____

Registration fee \$50. per person/\$200. per boat minimum

I agree to be bound by The Racing Rules of Sailing for 2017-2020 and the 2017 Sailing Instructions. In consideration of being permitted to enter this series, being knowledgeable of the risks of competitive sailing and knowing that it is my sole responsibility to decide whether to enter or continue any race. I agree to save harmless and keep indemnified the Vernon Yacht Club, its organizers and their representative agents, officials, servants and representatives against all claims, actions, costs, expenses and demands in respect to death, injury, loss, or damage to my person or property, howsoever caused, arising out of or in connection with my taking part in these events notwithstanding that the same may have contributed to or caused or occasioned by the negligence of same bodies, or any of their agents, officials, servants or representatives. I further understand and agree that this release is binding upon myself, my heirs, executors, and assigns.

Signed: _____ Date: _____

Witness: _____ Date: _____

Crew _____

Crew _____

Crew _____



D

C

X -----S-----

RC -----F-----Y

B

A

- Course 1: SBFCF
- Course 2: SAFCF
- Course 3: SCFBF
- Course 4: SDFBF
- Course 5: SBEFCF
- Course 6: SCFBEF

S= start line

F= finish line

REGISTRATION (Crew) - 2017 LADIES SAILING

Name: _____

Address: _____

Phone: _____ Cell _____

Email: _____

Emergency contact: _____ Phone _____

Boat Type: _____ Sail # _____

Boat Name: _____ PHRF Rating _____

Registration fee \$50. per person/\$200. per boat minimum

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Signed: _____ Date: _____

Witness: _____ Date: _____