2017 SAILING INSTRUCTIONS

VYC THURSDAY NIGHT LADIES SAILING

1. **Races** will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2017-2020, the prescriptions of Sail Canada, the Sailing Instructions, and the Rules and Regulations of Class Associations.

2. **Registration** is mandatory for all skippers, crew and volunteers prior to participating in the Thursday night Ladies Series. Registration and payment of fees will be accepted up to and on May 4th. Per person fee is $50., minimum $200 per boat. No charge for mentors or volunteers. This fee includes one ticket to the windup party for each $50 paid.

3. **Eligibility, Entry and Classification** - Sailboats participating in the Thursday Night Ladies Sailing shall be owned by members of Vernon Yacht Club. Sailboats shall carry appropriate insurance (minimum $2,000,000 liability), shall have correct, consistent, legible sail numbers on both the main sail and the spinnaker. Boats without current PHRF certificates will be assigned a handicap.

4. **Changes to Sailing instructions** will be posted at the VYC gate. Participants are responsible to check for any changes prior to leaving the dock area.

5. **Fleet assignment and Class Flags** - the committee will determine fleet assignment and class flags at registration or as soon as possible thereafter. If numbers allow, we will have two fleets - coached and non-coached.

6. **Schedule**:

<table>
<thead>
<tr>
<th>Date</th>
<th>Series</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr 27, 2017</td>
<td><strong>REGISTRATION &amp; spinnaker lesson</strong></td>
<td>In clubhouse. Docks will be under repair so we will be inside</td>
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<tr>
<td>May 4</td>
<td>Shakedown race</td>
<td>First Fleet Flag at 6:30</td>
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<tr>
<td>May 11</td>
<td>Series 1</td>
<td>&quot;</td>
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<tr>
<td>May 18</td>
<td>Series 1</td>
<td>&quot; &amp; Ladies Night</td>
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<tr>
<td>May 25</td>
<td>Series 1</td>
<td>&quot;</td>
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<tr>
<td>Jun 1</td>
<td>Series 1</td>
<td>&quot;</td>
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<tr>
<td>Jun 8</td>
<td>Series 2</td>
<td>&quot;</td>
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<tr>
<td>Jun 15</td>
<td>Series 2</td>
<td>&quot;&amp; Ladies Night</td>
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<tr>
<td>Jun 22</td>
<td>Series 2</td>
<td>&quot;</td>
</tr>
<tr>
<td>Jun 29</td>
<td>Series 2</td>
<td>&quot;</td>
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<tr>
<td>July 7-9</td>
<td>OWR</td>
<td>Held at Vernon Yacht Club.</td>
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<tr>
<td>TBD</td>
<td></td>
<td>Windup Party</td>
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7. **Start** - The starting line will be between a starting mark and the "RC" flag on the committee boat. Both fleets will start the first race at the same time. Fleet flag will be red.

8. **Starting Zone** - The starting area is defined as an area extending 50 metres on both sides of the starting line. After the first preparatory signal, the only boats permitted in this zone are:
   - Boats whose fleet will be starting at the next flag signal
   - Boats whose fleet has already started

9. **Marks** are yellow or white towers, although the race committee may anchor an orange buoy in order to change or shorten the course. See attached for placement of marks and courses. When Y is indicated in the Course, boat must go between RC and Y buoy on way to next mark.

   
   Course 1: SBFCF  
   Course 2: SAFCF  
   Course 3: SCFBF  
   Course 4: SDFBF

10. **Finish line** will be between the committee boat and the Y buoy or in the case of a shortened course, the last buoy. In the absence of the RC, a boat shall take her own finish time and report it to the RC as soon as possible. F= finish line

11. **Time Limit** will be 60 minutes. Boats failing to finish within 30 minutes after the first boat in each fleet shall be scored DNF.

12. **Safety Equipment** Every boat shall carry on board all safety equipment as designated by Transport Canada.

13. **Protest Procedure** - a boat intending to protest an infraction of the rules must inform the Race Committee within 30 minutes of the RC boat docking. All protest shall be written on forms available.

14. **Points Awarded** Points will be awarded using the Low Point Scoring System as per RRSA4

15. **Scoring** Boats will be scored on a per fleet basis for Series 1 and 2. Throw outs **per series** will be as follows: for every 4 races, one throw out.

16. A windup party will be held within in two weeks of the Okanagan Women's Regatta. Time and place to be determined.
REGISTRATION (Skipper) - 2017 LADIES SAILING

Skipper: __________________________
Address: __________________________
Phone: _______________  Cell_______________
Email: _________________________________
Emergency contact: ___________________ Phone __________
Coached?  Y/N  Coach: ________________________________

Boat Type:_______________________  Sail # ____________
Boat Name:_______________________ PHRF Rating _______

Registration fee       $50. per person/$200. per boat minimum

I agree to be bound by The Racing Rules of Sailing for 2017-2020 and the 2017 Sailing Instructions. In consideration of being permitted to enter this series, being knowledgeable of the risks of competitive sailing and knowing that it is my sole responsibility to decide whether to enter or continue any race. I agree to save harmless and keep indemnified the Vernon Yacht Club, its organizers and their representative agents, officials, servants and representatives against all claims, actions, costs, expenses and demands in respect to death, injury, loss, or damage to my person or property, howsoever caused, arising out of or in connection with my taking part in these events notwithstanding that the same may have contributed to or caused or occasioned by the negligence of same bodies, or any of their agents, officials, servants or representatives. I further understand and agree that this release is binding upon myself, my heirs, executors, and assigns.

Signed: ___________________________ Date: ___________________

Witness: ___________________________ Date: ___________________

Crew ____________________________________
Crew ____________________________________
Crew ____________________________________
Course 1: SBFCF
Course 2: SAFCF
Course 3: SCFBF
Course 4: SDFBF

S= start line  F= finish line
REGISTRATION (Crew) - 2017 LADIES SAILING

Name:_____________________________________
Address:_____________________________________
Phone:______________  Cell_________________
Email:______________________________
Emergency contact: ______________________ Phone __________

Boat Type:___________________  Sail # ____________
Boat Name:___________________ PHRF Rating _______

Registration fee $50. per person/$200. per boat minimum

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Signed: ________________________________  Date: ___________________

Witness: ________________________________  Date: ___________________